1	Abundance and genetic damage of barn swallows from
2	Fukushima
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26	A. BONISOLI-ALQUATI ET AL. BARN SWALLOWS AFTER FUKUSHIMA

27 Abstract

A number of studies have assessed or modeled the distribution of the radionuclides
released by the accident at the Fukushima-Daiichi Nuclear Power Plant (FDNPP). Few studies
however have investigated its consequences for the local biota.

31 We tested whether exposure of barn swallow (*Hirundo rustica*) nestlings to low dose 32 ionizing radiation increased genetic damage to their peripheral erythrocytes. We estimated 33 external radiation exposure by using thermoluminescent dosimeters, and by measuring 34 radioactivity of the nest material. We then assessed DNA damage by means of the neutral comet 35 assay. In addition, we conducted standard point-count censuses of barn swallows across 36 environmental radiation levels, and estimated their abundance and local age ratio. 37 Radioactivity of nest samples was in the range 479–143,349 Bg kg⁻¹, while external 38 exposure varied between 0.15 and 4.9 mGy. Exposure to radioactive contamination did not 39 correlate with higher genetic damage in nestlings. However, at higher levels of radioactive 40 contamination the number of barn swallows declined and the fraction of juveniles decreased, 41 indicating lower survival and lower reproduction and/or fledging rate. 42 Thus, genetic damage to nestlings does not explain the decline of barn swallows in 43 contaminated areas, and a proximate mechanism for the demographic effects documented here 44 remains to be clarified. 45

Keywords: DNA damage; Fukushima-Daiichi; ionizing radiation; nuclear disaster; radioactive
contamination; Tohoku Earthquake

49 Introduction

50 On March 11 2011, a tsunami caused by the Great East Japan Earthquake seriously 51 damaged the electrical and the cooling systems of the Fukushima-Daiichi Nuclear Power Plant 52 (FDNPP), causing hydrogen explosions at the Unit 1, 2 and 3 reactors. These explosions released large amounts of high volatility fission products, including ¹²⁹mTe, ¹³¹I, ¹³³Xe, ¹³⁴Cs, ¹³⁶Cs, and 53 ¹³⁷Cs ¹⁻³. Although the estimates of the release vary considerably ⁴⁻¹⁰, the accident is universally 54 55 regarded as the second largest release of radionuclides in history after the Chernobyl accident, 56 with estimates of total radioactivity released in the range of up to hundreds of PBq¹⁰. Such 57 massive discharge of radionuclides raises concern about its possible consequences for environmental and human health¹¹, particularly given the persistence of ¹³⁷Cs in the 58 59 environment.

Predictably, large efforts have since been devoted to model the atmospheric release, the
deposition of radionuclides and their redistribution ^{2,12}. Several other studies have assessed the
concentration of the radionuclides in the biological tissues of animals and plants (mammals: ^{13,14};
fish: ^{7,15}; birds: ¹⁶; plants ¹⁷⁻¹⁹).

64 Few studies so far have examined the potential biological consequences of exposure to 65 radionuclides released by the accident. A study on the pale blue grass butterfly (Zizeeria maha) 66 that coupled field sampling and rearing of individuals under common garden conditions showed an increase in aberrations in the coloration and patterns of wings^{20,21}. A study on earthworms 67 68 also demonstrated that animals from sites where radiation level was as low as 2.8 µSv/h had higher DNA damage than animals from control sites ²². A recent study of wild Japanese 69 70 macaques (Macaca fuscata) found that individuals from Fukushima had lower white blood cell 71 (WBCs) and red blood cell counts (RBCs), lower hemoglobin concentration and lower 72 hematocrit values than those sampled in the Shimokita peninsula, at a distance of 400 km from 73 the FDNPP²³. Vitamin A levels of streaked shearwaters (*Calonectris leucomelas*) sampled in 74 colonies exposed to contamination from the FDNPP were lower than in animals from a colony 75 that was not reached by the plume 24 .

Ecological studies conducted in the Chernobyl Exclusion Zone have indicated that radiation levels comparable to those found around Fukushima can be associated with deleterious genetic, physiological and life-history consequences for exposed wildlife ²⁵. Low-dose radiation in the Chernobyl region was associated with higher DNA damage in adult barn swallows ²⁶, 80 higher frequency of morphological abnormalities and tumors 27,28 , and a reduction in brain size 29 .

81 These and other physiological and genetic consequences of radiation exposure in Chernobyl³⁰

82 have been indicated as the likely cause underlying the higher mortality and the populations

83 declines of many bird species living in the Chernobyl region, as inferred from point count

84 censuses 31 , and age ratios from mist netting studies 32 .

In spite of differences between the two accidents in the quality and amount of contaminants scattered and the number of generations of exposure, early studies suggest that similarities also exist in the response of natural populations to radioactive contamination. Pointcount censuses conducted around Fukushima in 2011 have found that bird population in radioactively contaminated areas have declined similarly as in Chernobyl ³³. Later surveys validated this finding and concluded that the contamination might have had an even larger negative effect during 2012 ³⁴.

Here, we describe the results of a study on barn swallow nestlings during May-June 2012
to investigate whether exposure to radiation is affecting their genetic integrity prior to fledging.
We estimated external radiation exposure of nestlings by attaching thermoluminescent
dosimeters (TLDs) to their nest, and by collecting a sample of nest material whose activity
concentration we measured using gamma spectrometry in the lab.

97 We also describe the results of a survey of barn swallows that we conducted in July 2011-98 2013 across gradients of radioactive contamination spanning almost two orders of magnitude. 99 Part of this database (2011 and 2012) has been previously published in studies relating the abundance of birds in the Fukushima region to the level of radioactive contamination ^{33,34}. In 100 101 addition to presenting an additional year of data, here we focus the analyses on the local 102 abundance of barn swallows. We also present an analysis of the age ratio of barn swallows, 103 which can be readily determined from plumage characteristics, predicting that higher levels of 104 radiation would lead to a lower fraction of juveniles due to egg infertility and death of nestlings 35. 105

With a few notable exceptions ^{16,23,24}, all studies conducted so far have at most analyzed the concentrations of radioisotopes in the tissues of organisms, but neglected the assessment of markers of their potential biological effects. The results that we describe represent the first extensive investigation of the potential genotoxicity of measured radiation exposure in any wild population of birds from the Fukushima region.

112 **Results**

113 Radioactivity of nest samples and radiation exposure of nestlings

- 114 The average exposure measured by the TLDs was 0.59 mGy (0.79 mGy SD; range: 0.15 –
- 4.9 mGy; N = 43), corresponding to an average dose rate of 0.90 μ Gy h⁻¹ (1.24 μ Gy h⁻¹ SD;
- 116 range: $0.23 7.52 \ \mu Gy \ h^{-1}$).

117 The activity concentrations measured in the nest samples were 10,730 Bq kg⁻¹ dry weight (d.w.) (18,276 SD; range 318–82,409 Bq kg⁻¹d.w.; N = 45) for 137 Cs, and 8,656 Bq kg⁻¹ d.w. 118 (14,433 SD; range 128–60,940 Bq kg⁻¹d.w.; N = 45) for 134 Cs. When we combined the activities 119 120 measured for each radionuclide in a single estimate, the total radioactivity was 19,386 Bq kg⁻¹ 121 d.w. (32,681 SD; range 478–143,349 Bq kg⁻¹d.w.; N = 45). Total radioactivity of the nest material significantly positively predicted the radiation dose received by the TLDs ($t_{39} = 6.74$, p 122 $< 0.0001, R^2 = 0.54, N = 40$; Supplementary Fig. 1). Environmental radiation levels significantly 123 124 positively correlated with the dose received by the TLDs ($t_{42} = 4.88, p < 0.0001, R^2 = 0.37, N =$ 125 43; Supplementary Fig. 1). Environmental radiation levels also positively correlated with the specific activity of ¹³⁷Cs ($t_{44} = 2.22, P = 0.032, R^2 = 0.08, N = 45$), and of ¹³⁴Cs ($t_{44} = 2.37, P = 0.032, R^2 = 0.08, N = 45$) 126 $0.022, R^2 = 0.09, N = 45$). 127

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129 Radiation exposure and genetic damage of nestlings

130 The average DNA damage, as indexed by the percentage of DNA in the comet tail, was 131 10.04 (4.86 SD; range: 2.83-23.41). The total activity concentration of the nest material, obtained by combining the estimates for ¹³⁴Cs and ¹³⁷Cs, did not significantly predict genetic damage of 132 nestlings ($F_{1,6.24} = 0.51$, p = 0.502, N = 49, Fig. 1a), nor did the dose to the TLDs attached to the 133 nest ($F_{1,9,81}$ = 0.33, p = 0.577, N = 49, Fig. 1b). We tested if there was a difference in variance in 134 135 DNA damage at high radiation levels by splitting our dataset in two groups using median 136 radioactivity of the nest sample or median dose to the TLDs as the cutting points. Variance in 137 DNA damage did not differ significantly between nestlings from more radioactive nests and 138 those from less radioactive nests (Levene's test: $F_{147} = 0.015$, p = 0.904). Similarly, variance in 139 DNA damage did not differ significantly between nests where the TLDs received a higher dose and those where the dose to the TLDs was lower (Levene's test: $F_{1.47} = 0.039$, p = 0.844). 140

In none of these analyses did body mass and estimated age of the nestling significantly 142 predict genetic damage of the nestlings (see Table 1 in Electronic Supplementary Material). The 143 effect of the nest of origin was never significant in predicting genetic damage of the nestlings 144 (Table 1 in Electronic Supplementary Materials).

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146 Abundance and age ratio of barn swallows

147 Radiation levels at the breeding bird census points ranged from 0.18 to 38.11 μ Sv/h [mean 148 $(SD) = 7.16 \,\mu Sv/h \,(7.90), N = 1100]$. The abundance of barn swallows, as inferred from our 149 point count censuses, significantly declined with increasing environmental radiation levels $(F_{1,1093} = 105.81, p < 0.0001; \text{ slope (SE)} = -1.18 (0.12); \text{ Fig. 2]}$. The number of barn swallows 150 increased with increasing farmland ($F_{1.1093} = 12.53$, p = 0.0004; slope (SE) = 6.82×10^{-3} (1.37 × 151 152 10⁻³)), and decreased with increasing ground coverage by grass ($F_{1,1093} = 320.78, p < 0.0001$; 153 slope (SE) = $-4.75 \times 10^{-2} (2.18 \times 10^{-3})$) and coniferous forest ($F_{1,1093} = 4.98, p = 0.0256$; slope 154 (SE) = -1.74 (0.39)). In addition, the abundance of barn swallows differed among years ($F_{2,1093}$ = 155 103.83, p < 0.0001). There were significantly fewer barn swallows in 2012 than in 2011 (t =156 23.1, p < 0.0001) and fewer in 2013 compared to 2012 (t = 7.85, p = 0.005), or the two previous 157 years combined (t = 34.07, p < 0.0001). 158 The probability of a barn swallow being a juvenile decreased significantly with increasing 159 environmental radiation levels ($F_{1.1069} = 13.50$, p = 0.0002; slope (SE) = -1.84 (0.57); Fig. 3]. In 160 addition, juvenile barn swallows were more common where adults were more abundant, as 161 expected from the fact that the adults produced the offspring ($F_{1.1069} = 32.84, p < 0.0001$; slope 162 (SE) = 1.00 (0.18). There was also a significant variation among years in the probability that a 163 bird was a juvenile ($F_{2,1069} = 15.44$, p = 0.021). This probability was higher in 2012 than in 2011 (t = 6.04, p = 0.014), or 2013 (t = 6.04, p = 0.014).

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166 Discussion

167 In this study, we investigated genetic damage in barn swallows nestlings exposed to 168 radioactive contamination following the accident at the Fukushima Daiichi Nuclear Power Plant 169 in March 2011. We also estimated the abundance of barn swallows across sites differing in 170 environmental radiation levels by almost two orders of magnitude, while also assessing the 171 relative frequency of juveniles and adults. To the best of our knowledge, this is the first study at

Fukushima relating a known biomarker of radiation exposure to estimates of radiation exposurein any wild population of animals exposed to the radioactive fallout.

174 We could not detect any increase in genetic damage in nestlings exposed to a range of 175 contamination levels during their rearing period. These results partially conflict with previous 176 results in adult barn swallows from the Chernobyl region, where higher genetic damage was 177 demonstrated at levels that were comparable to the ones detected in this study ²⁶. It could be 178 argued that barn swallow nestlings at Fukushima were exposed for shorter times compared to 179 adults in Chernobyl. The exposure period of barn swallow nestlings (averaging 26 ± 5 days in 180 our sample, due to the combined duration of the incubation period and the rearing period) is 181 considerably shorter compared to the months-long residence of adult barn swallows at the 182 breeding sites. Alternatively, differences in the mixture of radionuclides scattered by the two 183 disasters could explain the difference in the effect, if different mixtures have different associated risks, due to differences in particle emission. While ¹³⁴Cs and ¹³⁷Cs are the dominant 184 radionuclides dispersed by the Fukushima disaster ¹², ¹³⁷Cs, ⁹⁰Sr, ²⁴¹Am and several radioisotopes 185 186 of plutonium are the ones currently present around the Chernobyl Exclusion Zone ³⁶. The greater 187 abundance of Pu isotopes and other actinides in Chernobyl could thus be responsible for the difference between the two disasters, as alpha emitters have large health effects. Finally, 188 189 differences in historical exposure and associated trans-generational accumulations of deleterious 190 effects could be responsible for the differences between the two disasters. Swallow populations 191 in the Chernobyl region have been chronically exposed to radioactive contamination for over 20 192 years at the time of sampling for our 2010 study of genetic damage. Conversely, exposure to 193 radioactive contamination only lasted little more than one year when we sampled barn swallows 194 in the contaminated areas around Fukushima for the present study. While this difference in 195 historical exposure is expected to affect mutation accumulation, predictions regarding the 196 resistance of natural populations to radiation-induced genetic damage are less clear, as genetic 197 damage is not inherited, and natural populations are expected to evolve resistance to radiationinduced oxidative damage over generations ³⁷. Given that the nestlings examined here belonged 198 199 to the second generation after the disaster, and the first one from parents that were themselves 200 exposed throughout development, we do not expect the lack of an increase in genetic damage to 201 be due to selection for adaptation to ionizing radiation.

202 At present, the interpretation of the variation among nestlings in their levels of DNA 203 damage is deemed to be largely speculative. Differences in individual growth rates or in the 204 intensity of competition with siblings could account for such variation through an effect on the 205 oxidative status of nestlings. Consistent with this, resistance of red blood cells to free radicals 206 has been found to negatively correlate with growth rate in zebra finch (*Taeniopygia guttata*) nestlings ³⁸. In addition, magpie (*Pica pica*) nestlings begging more intensively were shown to 207 208 have higher levels of lipid peroxidation, as indexed by their malondialdehyde levels ³⁹. Future 209 studies where nestlings are repeatedly measured will allow controlling for these confounding 210 factors, uncovering potential more subtle effects of radiation.

211 Due to restriction in access to more highly contaminated areas during our sampling of 212 nestlings, we could not access sites where nestlings might have received considerably higher 213 doses, including the towns of Okuma, Futaba and Namie. Thus, the data presented here should 214 be cautiously interpreted when addressing whether exposure to radioactive contamination is 215 causing an increase in genetic damage in wild populations of animals in contaminated areas, as 216 higher contamination levels might imply more deleterious consequences. The barn swallows is a 217 model species for investigating the effects of radioactive contamination in Fukushima, due to its abundance, philopatry to a once chosen breeding site, and availability of control as well as 218 219 affected populations (e.g. in Chernobyl). However, different species may vary in their 220 radiosensitivity and the lack of an effect in one species does not necessarily imply that all others are similarly unaffected ^{1-3,30,31,33,34}. 221

In addition, while the biomarker that we assessed did not show any response among nestlings, our census of barn swallows confirmed previous findings of population declines of several bird species in the Fukushima region ^{33,34}. In addition, it suggested that the population decline is due to lower fecundity and/or lower fledging rate, as demonstrated by a decrease in the proportion of juveniles at higher levels of radiation exposure. This result is consistent with the demonstrated decline in fertility, reproductive function and parental care that we have shown in Chernobyl, in the barn swallow as well as in other species ^{35,40-42}.

Human absence from highly contaminated towns, with the associated changes in the farming practice and the lack of deterrence for the natural predators of this species (e.g. the Japanese jungle crow *Corvus macrorhynchos*) is a potential alternative explanation for the decline of this species in contaminated areas. In future studies, the assessment of biomarkers of radiation exposure will help determine whether the decline of this species is due to a direct orindirect effect of ionizing radiation (i.e. through an effect on human presence).

235 The discrepancy between the decline in abundance of barn swallows and the lack of any 236 response in the biomarker of genetic damage that we assessed in barn swallow nestlings call for 237 further investigation of the potential mechanistic (i.e. physiological and genetic) links between 238 radiation exposure and population dynamics. Multiple cytogenetic biomarkers of radiation 239 exposure will have to be investigated in the future, while at the same time expanding research 240 into areas contaminated to a higher degree than it was assessed in the present study. Similarly, 241 aural ad visual censuses of diversity and abundance will have to be complemented with mist 242 netting of birds in order to estimate transfer of radionuclides to birds. It should be noted that 243 radiation levels examined during the censuses were much wider than the range of contamination 244 levels where nestlings have been measured, as more highly contaminated areas could not be 245 sampled due to lack of access or sampling permit. Thus, the present results should not be 246 interpreted as indicating that no deleterious consequence is expected over the entire area that was 247 contaminated by the radioactive fallout, nor should they be taken as evidence that genetic 248 damage at the *adult* stage is not mediating the population decline of barn swallows, as adult birds were not assessed in the present study. In fact, the investigation of genetic damage of nestlings 249 250 should also be expanded to more highly contaminated areas in order to exclude the possibility that it contributed to the decline of barn swallow populations. 251

252 Overall, our radioactivity measurements are compatible with previously published measurements and dose estimates ^{43,44}. Higher exposure levels for barn swallows can thus be 253 254 predicted in more highly contaminated areas. The exposure levels measured here are consistent 255 with the occurrence of physiological and life-history consequences (i.e. reduced survival and reproduction) in exposed organisms ⁴⁴. A recent analysis that inferred doses from published 256 257 information on contamination levels and used official benchmarks for dose-response also 258 concluded that exposure to contamination following the accident could induce sub-lethal effects on the populations of terrestrial vertebrates ⁴⁵. This same analysis, however, also concluded that 259 260 any population-level consequence of such individual-level doses would be unlikely, thus raising 261 the issue of reconciling measured doses with population declines that have been shown by recent censuses ^{33,34}. At the same time, it should be noted that our estimates of radiation exposure are 262 263 conservative, as they admittedly do not account for internal radiation exposure due to inhalation

or ingestion of radionuclides. Dose conversion coefficients (DCC) for internal exposure to ¹³⁴Cs and ¹³⁷Cs in species ecologically similar to the barn swallow are expected to be at least as large as the DCCs for external exposure ⁴⁶. Thus, future studies will have to improve dosimetry by assessing both internal and external radiation exposure of local populations of barn swallows potentially impacted by the fallout.

269 Similar population declines at levels of contamination that are not predicted to have 270 population-level consequences have also been observed in the Chernobyl region ^{31,32,47}, prompting similar skepticism ⁴⁸. There is increasing evidence, however, that the benchmarks 271 272 indicated as safe by international organizations (IAEA, ICRP)^{49,50} might be underestimating the 273 risk associated with exposure to ionizing radiation in the natural environment, especially under 274 chronic exposure ⁵¹. Hazards to natural populations have recently been found to arise at doses considerably lower than it had been shown in controlled experiments in the lab ⁵¹. In addition, a 275 276 recent meta-analysis that reviewed studies conducted in very high background radiation areas 277 where radionuclides occur naturally found a consistent positive relationship between 278 environmental radiation levels and mutation rate, DNA repair and genetics, in human as well as animal populations ⁵². The likely explanation for the discrepancy between the lab and an 279 280 ecologically-meaningful setting is that lab conditions are far more benign than realistic 281 ecological conditions, where food and essential nutrients are scarcer, predators and parasites are 282 more frequent, and other stressors may make the effects of ionizing radiation more apparent.

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Methods

285 During May 2012, we attached thermoluminescent dosimeters (TLDs) to the inner and 286 outer rim of 55 barn swallow nests from the Fukushima region (Fig. 4). We used individually 287 calibrated LiF:Mg,Cu,P TLDs $(3.2 \times 3.2 \times 0.8 \text{ mm}; \text{GR}-200\text{A})$, which have a higher sensitivity 288 than GR-100 TLDs ⁵³. The linearity and dose-response of the TLDs were measured with beams 289 produced by a medical linac and a ¹³⁷Cs source. We read the TLD response with a System 310 290 TLD Reader (Teledyne Brown Engineering), in a temperature range from room temperature to 240 °C, at a rate of 10 °C/s. The readings were consistent with previously published results ⁵⁴. 291 292 After an average 28.4 days (0.4 SE; range: 25-33 days), we retrieved the TLDs from the nest. On 293 the occasion of retrieving the TLDs, we collected a sample $(\sim 1 \text{ g})$ of nest material from the rim 294 of the nest. From 62 chicks from 16 nests that we estimated to be at least 7-8 days old, we also

collected a small blood sample (\sim 50 µL), through puncture of the brachial vein and collection in a heparinized capillary tube. We also transferred a drop of blood (\sim 10 µL) to a vial containing RNAprotect (Qiagen).

All procedures were performed in accordance with relevant guidelines and regulations, and approved by the Institutional Animal Care and Use Committee (IACUC) of the University of South Carolina (Protocol number: 2014-100237-052611).

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302 *Radioactivity measurements*

In the field, we measured environmental α, β and γ radiation at the ground level below the
 nest using a hand-held dosimeter (Model: Inspector, SE International, Inc., Summertown, TN,
 USA).

We measured the activity concentrations of nest samples by conducting gamma ray spectrometry with a SAM 940 Radioisotope Identifier (Berkeley Nucleonics, San Rafael, CA) equipped with a 7.62×7.62 cm ($3'' \times 3''$) sodium iodide (NaI) detector. The spectrometer was placed vertically within a lead detector shield (Canberra Industries, Meriden, CT, USA), with additional shielding provided by lead bricks. We measured each sample by placing it on top of the SAM 940 Radioisotope Identifier.

We later converted the spectra to activity measurements after calibration of the instrument using standard ¹³⁷Cs and ¹³⁴Cs sources. For analysis we focused on the 661 keV decay gamma from ¹³⁷Cs and the 597 and 796 keV peaks from ¹³⁴Cs. The samples were dried in a heating oven with mechanical convection (Binder Inc., Bohemia, NY) at the temperature of 60°C for 12 h, and weighed using a Sartorius electronic balance (Model R160P; Göttingen, Germany).

317 A high statistics, "empty target" spectrum was collected prior to the sample readings and 318 subtracted from all spectra to remove counts not associated with radioactive decay from the 319 sample. A linear background function was then fit to the peak region (490-500 keV) to remove the continuum gammas and isolate the decay peaks. The 597 keV peak from ¹³⁴Cs and the 661 320 321 keV peak from ¹³⁷Cs overlapped considerably while the 796 keV peak from ¹³⁴Cs was resolved completely. A spectrum from the ¹³⁴Cs calibration source was normalized to the data spectrum by 322 323 fitting to the 796keV peak. This fit was then subtracted from the entire sample spectrum to isolate the 661 keV peak from ¹³⁷Cs. Integrating and comparing the counts in the decay peaks 324 325 from the samples to the counts in the same peaks from the known calibration sources produced

the absolute calibration. The total activity of each sample was calculated by summing the activities estimated for 137 Cs and 134 Cs.

To estimate total duration of exposure for each nestling, we summed the estimated age of the nestlings and the duration of the incubation period, which we conservatively estimated at 14 days.

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Analysis of genetic damage

We estimated genetic damage using a single cell gel electrophoresis assay, also known as comet assay, following the protocol reported in ⁵⁵, with minor modifications.

335 We prepared slides in advance by dipping single-frosted slides (VWR, Radnor, PA) in 1.5 336 % normal melting-point agarose. We transferred 3 µL of the solution of blood in RNAProtect 337 (Qiagen) to 997 µL of 1x PBS. We then mixed 50 µL of the solution with 450 µL of 1.5% low 338 melting-point agarose, and layered 100 μ L of this mixture on the slides, covering with a glass 339 coverslip. We allowed the agarose to solidify for five minutes at 4°C. We then removed the coverslip and added another layer of 100 µL of low melting-point agarose, and again allowed to 340 341 solidify for five minutes, before removing the coverslip. The slides were left for 1 hour at 4°C to 342 allow the solidification of the gel, and then immersed in cold lysis buffer (1% sodium 343 sarcosinate, 2.5 M NaCl, 100 mM Na₂EDTA, 10 mM Tris, 1% Triton X-100 added immediately 344 prior to use, at a final pH = 10), where they were kept for 1 hour at 4°C. We then rinsed the 345 slides with cold ddH₂O, and immersed them in neutral buffer (300 mM NaOH, 100 mM Tris, pH 346 10.0), to allow unwinding of the DNA for 30 minutes at 4°C. We electrophoresed slides in a tank 347 filled with the same buffer for 30 minutes at 0.7 V/cm and 150 mA at 4°C. After electrophoresis, 348 we rinsed the slides in a neutralization buffer (0.4M Tris, pH 7.4) three times, for five minutes 349 each. The slides were then fixed in 70% ethanol for 15 minutes, and left to dry overnight. We ran 350 four slides per each individual.

We stained the slides by immersion in a 1:10,000 solution of SYBR[®] Gold (Trevigen, Gaithersburg, MD) for five minutes. Slides were then de-stained through immersion in a bath of dd-H₂O for five minutes, and left to dry. Images of individual cells were captured using a Metafer System (Metasystems, Bethesda, MD), an automated system that performs detection and scoring of individual cells ⁵⁶. Only the nestlings for whom we had captured at least 100 cells across the different slides were retained in the final sample ⁵⁷. In the final analyses we included 49 nestlings belonging to 16 nests, representing 78% of the initial sample of 63 nestlings. On

average we captured 313 cells (147 SD; range: 111-725) from 1-4 slides. As a measure of

damage to the DNA we used the percentage of DNA in the tail, which is a measure based on the

relative fluorescence intensity of the tail compared to the head of the comet, an the most reliable
 parameter for the comet assay ^{57,58}.

362 Data on genetic damage in each nestling were obtained by averaging percentages of DNA363 in the tail of the comet across all cells.

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365 *Point count censuses*

366 During the first week of July 2011-2013, we conducted a point-count census of birds 367 across clean and contaminated sites (Fig. 5). Each count lasted five minutes, with census points 368 located at approximately 100m intervals. At each census point, we classified the habitat as being 369 agricultural, grassland, deciduous forest or coniferous forest, and estimated ground coverage by 370 these different habitats (to the nearest 10%) within a distance of 50 m. In total, we collected 1100 371 5-min point counts (2011: N = 300; 2012: N = 400; 2013: N = 400). The census points were the 372 same in all years, except for 2011, when 100 fewer counts were conducted due to restrictions in 373 access. The relationship between radiation and abundance did not qualitatively change if we 374 restricted the analyses to the 300 points where the counts were conducted in all three years 375 (results not shown). At each census point, we recorded radiation levels using a hand-held 376 dosimeter at ground level (Model: Inspector, SE International, Inc., Summertown, TN, USA). 377 We also recorded the geographic coordinates and altitude (using a GPS), cloud cover at the start 378 of each point count (to the nearest eighth), temperature (degrees Celsius), and wind force 379 (Beaufort). For each census point we recorded time of day at the start of the count (to the nearest 380 minute) and included it in the analyses as an explanatory variable. As activity levels of birds 381 peak in the morning and, to a lesser extent, in the evening, we also included time squared in our 382 analyses. APM conducted all censuses, thus preventing any issue due to inter-observer 383 variability. All the nests that we inspected during 2012-2013 would be fledged by the time we 384 conducted our census. Thus, no difference among years would be expected based on differences 385 in the timing of reproduction.

In a second set of analyses, we analyzed the probability of observing a juvenile barn
 swallow (as identified from the short tail streamers and the pale coloration, using binoculars) as a

function of environmental radiation levels, as well as the same predictors that we included in the analysis of barn swallow abundance. We also included the local abundance of adult barn swallows as a predictor in the analysis, as juvenile barn swallows are the offspring of the adult barn swallows present.

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393 Statistical analysis

For the analysis of genetic integrity of nestlings we used general linear mixed models (GLMMs) where we included radiation exposure (either log-transformed radioactivity of the nest material or radiation dose as inferred from the TLDs) as a covariate, and the nest of origin as a random effect. In both analyses we included duration of exposure as a covariate. Degrees of freedom were estimated using the Kenward-Roger approximation. All analyses were performed in SAS 9.3 (SAS Inc., Cary, NC).

400 In the analysis of the abundance of barn swallows, we used generalized linear models, 401 assuming a Poisson distribution of count data. As predictor variables, we included log₁₀-402 transformed radiation and all potentially confounding variables listed above. In addition, we 403 included temperature, cloud cover, wind, time of day and time of day squared, the latter to 404 account for the fact that bird activity has a peak during early morning and a second, milder peak 405 in the afternoon. We also included radiation level squared to account for non-linear relationships 406 between species richness and abundance, respectively, and radiation. These analyses were all 407 implemented in the statistical software JMP (SAS Institute Inc., 2012). In the analyses of the 408 proportion of swallows being juveniles, we relied on general linear models with binomially 409 distributed data and a logit link function.

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419 Authors Contribution

- 420 A.B.A, A.P.M. and T.A.M. conceived the research; A.B.A., K.K., W.K., H.S., E.A.,
- 421 A.P.M. and T.A.M. collected data in the field; A.B.A. and S.O. performed the lab assays; A.B.A.
- 422 and D.J.T. collected and analyzed spectra; A.B.A. and A.P.M. performed statistical analyses;
- 423 A.B.A. wrote the first version of the paper; all authors commented on the manuscript.

424

425 Competing financial interests

- 426 The Authors declare no competing financial interests. Correspondence and requests for
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573 Figure captions

574

- 575 Figure 1. Radiation measurements and genetic damage. The relationship between genetic
- 576 damage of nestlings and (a) the activity concentrations of the nest material (Bq/kg d.w.,
- 577 summing activities of ¹³⁴Cs and ¹³⁷Cs) or (b) external radiation dose rate, as measured by the TLD
- 578 $(\mu Gy h^{-1})$. The lines are simple regression lines interpolated to the log-transformed data.
- 579

580 Figure 2. Barn swallows abundance and radioactive contamination. The abundance of barn

- swallows declined with increasing levels of radioactive contamination as measured during our
- 582 multi-year point-count census.
- 583

584 Figure 3. Age ratio of barn swallows and radioactive contamination. The proportion of barn

585 swallows being juveniles declined with increasing levels of radioactive contamination.

586

587 Figure 4. Locations of sampling sites. Locations of the sixteen nests used in the analyses of the 588 relationship between contamination levels and DNA damage of the nestlings. Each location may 589 correspond to more than one nest sampled. Contamination levels are derived from official data 590 from the Japanese Ministry of Education, Culture, Sports, Science and Technology (MEXT), and 591 used to interpolate a map of contamination at 1-m height. The map was created using ArgGis 592 v10.2 (Environmental Systems Research Institute, Redlands, CA). 593 594 Figure 5. Locations of census sites during 2011-2013. Contamination levels are derived from 595 official data from the Japanese Ministry of Education, Culture, Sports, Science and Technology 596 (MEXT), and used to interpolate a map of contamination at 1-m height. The map was created

597 using ArgGis v10.2 (Environmental Systems Research Institute, Redlands, CA).

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- 599





log activity concentration (Bq/kg d.w.)







608 Figure 4



